



**HIGHLAND MEADOWS
RACQUET CLUB**

**Fall &
Winter
2024/2025**

JUNIOR TENNIS PROGRAMS



CLASSES	MON	TUES	WED	THURS	FRI	SAT
Quick Start		4:00-5:00 Weather				9:45-10:45
Explorers (60' court)			4:00-5:30 Weather permitting			11:00-12:30
Challengers (11+ year olds)			4:00-5:30			2:00-3:30
Jr. Development		4:30-6:00			4:30-6:00	
Jr. Competitive	4:30-6:00			4:30-6:00		

SESSION PRICING - 4 WEEKS / 8 CLASSES (except Quick Start and Explorers - 4 classes)
12% Discount off full session for juniors who participated in our 2024 Summer Program
PRICING FOR SESSIONS 1, 2, 8 and 9
 Member: \$166 Non-Member: \$216 OR Drop-in - Member: \$24 Non-Member: \$30
PRICING FOR SESSIONS 3, 4, 5, 6 and 7
 Member: \$188 Non-Member: \$248 OR Drop-in - Member: \$28 Non-Member: \$35

Session 1	Aug 26—Sep 21
Session 2	Sept 23—Oct 19
Session 3	Oct 21—Nov 16
(Session 4*)	Nov 18—Dec 21 (5 Weeks)
Session 5	Jan 6—Feb 1
(Session 6*)	Feb 3 —Feb 22 (3 weeks)
Session 7	Feb 24—Mar 22
Session 8	Mar 24 – April 19
Session 9	April 21—May 17

(*Sessions 4 & 6 will be pro rated)

No Classes: Nov 28-30, Dec.23-Jan 4, March 17-22 (Poudre spring break)

Quick Start (minimum of 4 participants) Ages 5-7

Uses the USTA endorsed 10 & Under tennis format for kids to learn tennis, rally and begin to play in an enjoyable and rewarding environment.

Session: Member \$60 (Sat only) Non-Member \$72 (Sat. only) OR Drop-in: Member \$20 N.M. \$24 - No Discounts

Explorers

Emphasizes the proper techniques for all the basic strokes in tennis. Footwork, focus, and reaction time skills are developed. This class uses the 60' court and the orange and green low compression balls.

Session - Member: \$88 (Sat. only) Non-Member: \$116 (Sat only) OR Drop-in - Member: \$24 Non-Member: \$32

Challengers

Primary focus for students is movement with proper stroke mechanics. Instructors emphasis correct grips for all shots. Live ball drills and games are used to prepare them for match play. This class uses both Green and yellow balls.

Wednesday Only and Saturday Only Sessions will be Offered (or both days)

Jr. Development

Structured for Higher middle school varsity or high school varsity players to refine developing skills, consistency, footwork, match play and strategy.

Jr. Competitive

Offers an intensive training program for the tournament level and high school varsity player. Focus will be on work ethic, conditioning, mental toughness, winning strategies, point production, and sportsmanship.

**Call 970-217-9291 to sign up!
On-line sign up coming soon!**