

**Fall &
Winter
2025/2026**



**HIGHLAND MEADOWS
RACQUET CLUB**



CLASSES	MON	TUES	WED	THURS	FRI	SAT
Quick Start		4:00-5:00 Weather permitting				9:45-10:45
Explorers (60' court)			4:00-5:30 Weather permitting			11:00-12:30
Challengers (11+ year olds)			4:00-5:30			2:00-3:30
Jr. Development		4:30-6:00			4:30-6:00	
Jr. Competitive	4:30-6:00			4:30-6:00		

SESSION PRICING - 4 WEEKS / 8 CLASSES (except Quick Start and Explorers - 4 classes)
12% Discount off full session for juniors who participated in our 2025 Summer Program
PRICING FOR SESSIONS 1, 2, 8 and 9
 Member: \$166 Non-Member: \$216 OR Drop-in - Member: \$24 Non-Member: \$30
PRICING FOR SESSIONS 3, 4, 5, 6 and 7
 Member: \$188 Non-Member: \$248 OR Drop-in - Member: \$28 Non-Member: \$35

Session 1	Aug 25—Sep 20
Session 2	Sept 22—Oct 18
Session 3	Oct 20—Nov 15
(Session 4*)	Nov 17—Dec 20 (5 Weeks)
Session 5	Jan 5—Jan 31
(Session 6*)	Feb 2 —Feb 21 (3 weeks)
(Session 7*)	Feb 23—Mar 21 Off Spring Break
Session 8	Mar 23— April 18
Session 9	April 20—May 16

(*Sessions 4,6, & 7 will be pro rated)

**No Classes: Nov 28-30, Dec.22-Jan 3
(S.B. March 17-22 or Mar. 23-27)**

Quick Start (minimum of 4 participants) Ages 5-7
 Uses the USTA endorsed 10 & Under tennis format for kids to learn proper stroke technique, rally and begin to play in an enjoyable and rewarding environment.
 Session: Member \$60 (Sat only) Non-Member \$72 (Sat. only) OR Drop-in: Member \$20 N.M. \$24 - No Discounts

Explorers
 Emphasizes the proper techniques for all the basic strokes in tennis. Footwork, focus, and reaction time skills are developed. This class uses the 60' court and the orange low compression balls.
 Session - Member: \$88 (Sat. only) Non-Member: \$116 (Sat only) OR Drop-in - Member: \$24 Non-Member: \$32

Challengers
 Primary focus for students is movement with proper stroke mechanics. Instructors emphasize correct grips for all shots. Live ball drills and games are used to prepare them for match play. This class uses both Green and yellow balls.
 Wednesday Only and Saturday Only Sessions will be Offered (or both days)

Jr. Development
 Structured for middle school or high school players to refine and develop skills, consistency, footwork, match play and strategy.

Jr. Competitive
 Offers an intensive training program for the tournament level and high school varsity player. Focus will be on work ethic, conditioning, mental toughness, winning strategies, point production and sportsmanship.

Please Sign up On-Line. If need to create acct —> (a) hmrc.club (b) player portal
Email questions to: info@hmrc.club or call/text Dennis at 970-213-1112